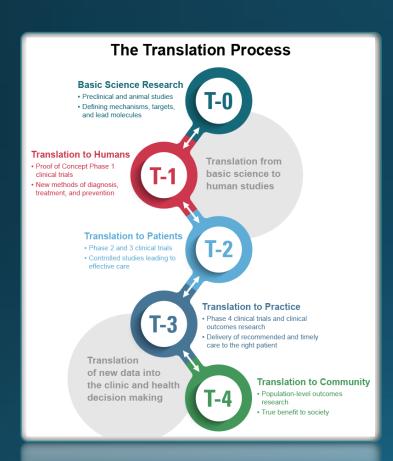
# Animal Models

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#### Why animal models?



- Essential tools to understand the pathophysiology of TBI and to test therapies
- Rats and mice are the species of choice for most basic science research in TBI
- Allow a high degree of control over the injury and the subject
- Model many aspects of the physiology, structure, and function of the human brain
- For aging research: median lifespan of most rat and mouse strains is ~2 years

#### Advances...

 Animal models have shown how the cellular and molecular mechanisms of TBI differ in an older vs a younger adult brain

## and Research Gaps

- Geriatric TBI is under-represented in animal model TBI studies
- Lack of therapeutic efficacy studies
- Mostly males
- Mostly moderate-severe TBI
- Animal studies exclude the common comorbidities and medications of the geriatric population

### Challenges

- Working with aged animal models is time-intensive and resource-intensive
- Availability of aged cohorts may be limited
  - National Institute on Aging colonies
  - Commercial sources
- Phenotypes of normal aging may affect study outcomes
- Age-related conditions and frailty necessitate larger study cohorts

## The Takeaway

We need more basic science research to focus on geriatric TBI



#### **Best Practices**

- Use models that replicate the biomechanical properties of geriatric TBI in humans
- Use both sexes
- Model TBI + comorbidities
- Model TBI + medications
- Ensure that functional outcomes are appropriate/optimized for age
- Include translational outcome measures in animal studies (biomarkers, MRI, etc.)

# ThankYou

#### **Additional Reading**

- Iboaya, Harris et al. 2019. Models of Traumatic Brain Injury in Aged Animals. doi: 10.1177/1545968319883879
- NIA aged rodent colonies: https://www.nia.nih.gov/research/dab/aged-rodentcolonies
- Key considerations for research in aged mice: https://youtu.be/MCB2RvBqGQc